

05

EVENT RULES



SWIMMING

PART A

THE EVENT

5.1 PRESENTATION OF THE EVENT

1 The Swimming Event

2 Distances

5.2 AUTHORITIES

1 The Swimming Director
2 The Referee
3 The Starter
4 The Chief Inspector of Turns
5 The Inspectors of Turns

6 The Clerk of Course
7 The Arrival Judges
8 The Chief Timekeeper
9 The Timekeepers
10 The Announcer

5.3 ORGANISATION AND SCHEDULE OF THE EVENT

1 Heats and Lanes
2 Pool open

3 Control in the Call Room

5.4 CONDUCT OF THE COMPETITION - JUDGEMENT OF THE PERFORMANCE

1 The Start

2 The Finish

5.5 SCORING OF POINTS

1 Recording of Times

2 Calculation of Points

5.6 INFRINGEMENTS AND PENALTIES

1 10 points Deduction
2 Elimination

3 Disqualification

PART A

Appendix 5A

Appendix 5B1

Appendix 5B2

Appendix 5B3

Appendix 5B4

THE EVENT

DISTANCES AND POINTS TABLE

PENALTY TABLE

POINTS TABLE – Individual 200m – Relay 2x100m

POINTS TABLE – Individual 100m – Relay 2x50m

POINTS TABLE – Individual 50m – Relay 2x25m



5

EVENT RULES – SWIMMING

PART A

THE EVENT

5.1 PRESENTATION OF THE EVENT

5.1.1 The Swimming Event

The Swimming event is a free-style event. Pentathletes may swim and change any stroke or style. At the turning and at the finish, the pentathlete must touch the end of the pool with some part of his body.

5.1.2 The Distances

Age	Individual	Relay
Senior, Junior Under 19, Under 17	200 m	2 x 100m
Under 15, Under 13	100 m	2 x 50 m
Under 11, Under 9	50 m	2 x 25 m

5.2 AUTHORITIES

At all official UIPM competitions there must be a Swimming Director, a Referee, a Starter, a False Start Auxiliary, a Chief Inspector of Turns, Inspectors of Turns, Arrival Judges, Clerks of the Course, a Chief Timekeeper, Timekeepers and an Announcer. Upon a question of fact, a decision by the relevant official is final.

5.2.1 The Swimming Director

- i) appoints all the afore-mentioned officials and is responsible for managing and coordinating the activities of all the officials appointed.
- ii) decides on any verbal complaints received from pentathletes/team representatives relating to the event in progress.

5.2.2 The Referee

- i) holds the responsibility for the enforcement of the UIPM Competition Rules and may intervene in the event at any stage to ensure the observance of all UIPM Rules.
- ii) determines placing by consultation with the automatic officiating equipment, if available and operating. If no automatic officiating equipment is used, he/ she determines placing when the decision of the Arrival Judges at the finish and the times recorded do not agree.
- iii) at the beginning of each heat, signals to the pentathletes by a series of short whistles that they are invited to remove all clothing except for swim wear, and then by a long whistle thereafter that they must take their positions on the starting block.
- iv) when the pentathletes and officials are ready to start, indicates to the Starter with a stretched-out arm that the pentathletes are now under the Starter's control.
- v) gives the "clear watches" signal to the time keepers after all the data from the previous heat are collected.

5.2.3 The Starter

- i) has full control of the pentathletes from the time the Referee turns the pentathletes over to him.
- ii) reports a pentathlete to the Referee for delaying the start, for wilfully disobeying an order or for any other misconduct taking place at the start.
- iii) has power to decide whether the start is fair, subject only to the control of the

- Referee. Once the start signal has been given the Starter must not change his opinion and must not recall the pentathletes.
- iv) must stand on the side of the pool within approximately five (5) meters of the starting end so that the Timekeepers can see and the pentathletes hear the start signal.
- 5.2.4
The Chief Inspector of Turns**
- i) ensures that the Inspectors of turns fulfil their duties during the event.
ii) receives their reports if any infringement has occurred and presents the reports to the Referee immediately.
- 5.2.5
The Inspectors of Turns**
- i) shall be assigned for two lanes at the far end of the pool and ensures that the pentathletes comply with the relevant rules for turning.
ii) reports any violation to the Chief Inspector of turns.
- 5.2.6
The Clerk of Course**
- i) assembles the pentathletes prior to each heat.
ii) check swimsuits, refusing any pentathlete with nonconforming swimwear to go to the start.
iii) will refuse any pentathlete who has used oil or another fat solution on their bodies to go to the start.
iv) is responsible for ensuring that the pentathletes are ready for the Starter prior to each heat.
- 5.2.7** The **Arrival Judges** register the order of arrival of the pentathletes.
- 5.2.8
The Chief Timekeeper**
- i) assigns the positions of all the Timekeepers at the starting end of the pool and assigns the lanes for which they are responsible.
ii) designates two additional Timekeepers, either of whom must be directed to replace any Timekeeper whose watch did not start or stopped during the event, or for any other reason is not able to record the time.
iii) collects from each Timekeeper a card showing the time recorded and, if necessary, inspects their watches.
iv) examines and records the official time on the card for each lane.
- 5.2.9** There must be at least two **Timekeepers** appointed for each lane in all official UIPM competitions. It is Timekeepers' responsibility to:
- i) take the time of the pentathletes in their lane.
ii) start their watches at the start signal and stop it when the pentathletes in their lane touch the end of the pool, having completed the race.
iii) record the times of their watches on the card for their lane and, if requested, present their watches for inspection.
iv) must not clear their watches until they have received the "clear watches" signal.
v) act as Inspector of Turns at their end of the pool.
- 5.2.10** The **Announcer** keeps the pentathletes and spectators informed about the course of the event. In particular, the Announcer presents the athletes before each heat, broadcasts the swimming times of the pentathletes from the previous heat, announces any false starts and after the last heat, declares the results after two events.

5.3 ORGANISATION AND SCHEDULE OF EVENTS

5.3.1 Heats and Lanes

- i) The pentathletes or teams will be placed according to their PWR swimming time. In Semi-finals or Finals of Pentathlon and Tetrathlon competitions, athletes or relay teams will be placed in heats according to their total results after the previous event(s), with athletes and teams with higher scores swimming in the last heat. Athletes swimming in the same heat will be seeded with the athlete with more Pentathlon points in lane 1, and so on.



- ii) If the pentathlete is not in a PWR, the heats for Swimming in the Qualification will be composed based on the swimming times on the entries.
- iii) The TD/NTO can authorise an entry time in case of absence of coach.
- iv) In the Qualification athletes will swim according to their PWR swimming time. In each heat the pentathlete with the best time will swim in the centre lane of the pool.
- v) The number of pentathletes in each heat must remain as equal as possible, with the later heat(s) containing more athletes if need be.
- vi) The LOC must indicate at the Technical Meeting how many swimmers will be in each heat and which lanes, if any will not be used.
- vii) In a pool with an even number of 6, 8 or 10 lanes, the central lane will be 3, 4 or 5. The pentathlete having the next fastest swim time is to be placed on his left in the Qualification, then alternating the others right and left in descending order by their swimming times.
- viii) The athletes are assembled by heats in the Call Chamber and then conducted in a parade to the starting line, beside the starting blocks. In this place they are presented individually (at least lane, name and nation) by the Announcer, starting at lane 1.

5.3.2

Pool open

In the Qualifications the pool must be open for warm up minimum 20 minutes. Exact times are announced by LOC. The pool will be closed 10 minutes before competition start time for athletes to go to the call room. In the Semi-finals and Finals of the Pentathlon and Tetrathlon events the pool must be open 60 minutes prior to the start of the first athlete in the first discipline of the competition.

5.3.3

Control in the Call Room

Pentathletes with nonconforming swimwear will not be authorised to compete unless they change to appropriate swimwear before the start of the presentation. Disqualification will be applied if a pentathlete refuses to comply with this rule. Pentathletes with oil or grease on the body will be disqualified immediately.

5.4

CONDUCT OF THE COMPETITION / JUDGEMENT OF THE PERFORMANCE

5.4.1

The Start

- i) The start begins with a dive. On the long whistle from the Referee the pentathletes must step on the starting block and remain there. On the Starter's command "Take your Marks" the pentathletes must immediately take up a starting position with at least one foot at the front of the starting block. When all competitors are stationary, the Starter gives the start signal by using a start pistol, horn, whistle or command.
- ii) In the case of a false start, the responsible pentathlete will be penalised and it will be announced during the course of the heat which pentathlete or team will be penalised. Such a false start is given
 - a) if a pentathlete jumps or falls into the water before the command "Take your Marks".
 - b) if after the command "Take your Marks" any pentathlete jumps or falls into the water before the start signal; In this case the false start rope will be used.
 - c) if a pentathlete begins their start movements prior to the start signal.
- iii) A pentathlete that is injured may start in the water holding the rail of the pool. A pentathlete whom, in the opinion of the referee, has been fouled in such a way that they have been impeded, must be allowed to swim again after an appropriate period of rest.

5.4.2

Some part of the swimmer must break the surface of the water throughout the race, except it shall be permissible for the swimmer to be completely submerged during the turn and for a distance of not more than 15 metres after the start and each turn. By that point, the head must have broken the surface.

5.4.3 The Finish

After finishing, the pentathlete must stay in the water, in the assigned lane, until the Referee has given permission to leave the water by using a whistle and hand sign.

- i) The pentathlete is not allowed to leave the water by the front side.
- ii) The pentathlete is not allowed to leave the swimming line before the Referee's command.
- iii) As soon as the last heat is over, the Referee blows the whistle and the pentathletes must exit the pool. The Referee can then confirm that the competition is finished and gives permission for the pool to be open to all pentathletes.

5.5 SCORING OF POINTS

5.5.1 Recording of Times

Points and positions are decided by actual time. At Category A official UIPM competitions an electrical timing device registering 1/100 seconds is compulsory.

- i) When automatic judging and timing equipment approved by FINA is provided, it must be used to determine the winner, placing and times for each lane. The results and time so determined have precedence over the decisions of the Timekeepers.
- ii) In the case of a breakdown or mechanical failure of the Automatic Officiating Equipment, the Timekeepers' decisions will take precedence and reference must be made to all manual times recorded in that particular heat.
- iii) When two timekeepers are used for a lane and the times recorded do not agree, then the average time of the two recorded times will be taken. When only one timekeeper is used per lane then his recorded time is to be the accepted time.

5.5.2 Calculation of Points

For the purpose of calculating the score, times will be recorded:

02:30.00 – .49 = 250 points

02:30.50 – .99 = 249 points

02:31.00 – .49 = 248 points.

5.6 INFRINGEMENTS AND PENALTIES

5.6.1 A pentathlete or team is penalised by deduction of 10 points for:

- i) taking a step on the bottom of the pool.
- ii) not touching the end of the pool with some part of the body when turning.
- iii) leaving the swimming lane before the command to leave the lane.
- iv) leaving the water by the front side.
- v) after the last heat is over, entering the water without waiting for the Referee's permission.
- vi) beginning of start movements prior to start signal or jumping or falling into the water after the command "Take your marks" and before the start signal.
- vii) Missing or bad placing of the UIPM logo patch.

5.6.2 A pentathlete or team is eliminated for:

- i) for not breaking the surface after 15m.
- ii) delaying a start, wilfully disobeying an order or for any other misconduct taking place at the start; jumping or falling into the water before the command "Take your Marks".
- iii) using any other device that may aid the pentathlete's speed, buoyancy or endurance during the swim, such as webbed gloves, flippers and fins.
- iv) incorrect change over in the Relay

5.6.3 A pentathlete is disqualified and their team eliminated for:

- i) wilfully, and with intent, pushing, swimming across or obstructing another pentathlete so as to impede their progress or to intentionally gain an early start.
- ii) using oil or grease.
- iii) refusing to wear conforming swimwear.



PART D

ANNEXES

PENALTY TABLE

SWIMMING

Appendix 5A

The pentathlete infringes the rules and is penalised for:	Article	Penalty
Taking a step on the bottom of the pool	5.6.1 i)	Deduction of 10 Modern Pentathlon points
Failure to touch the end of the pool when turning	5.6.1 ii)	
Leaving the lane or the water before command	5.6.1 iii)	
Leaving the water by the front side	5.6.1 iv)	
After the last heat is over, entering the water without waiting for the Referee's permission	5.6.1 v)	
Beginning of start movements prior to start signal or jumping or falling into the water after the command "Take your marks" and before the start signal	5.6.1 vi)	
Missing or bad placing of the UIPM logo patch	5.6.1 vii)	
Swimming more than 15m underwater without breaking the surface	5.6.2 i)	Elimination
Delaying a start, wilfully disobeying an order or for any other misconduct taking place at the start	5.2.3 ii) 5.6.2 ii)	
Jumping or falling into the water before the command "Take your Marks"	5.4.1ii) 5.6.2 ii)	
Incorrect change over in the Relay	5.6.2 iv)	
Using devices that may aid his speed, buoyancy or endurance (webbed gloves, flippers, fins, tapes etc.)	5.6.2 iii) See also MP EQP Regulations	
Wilfully, and with intent, pushing, swimming across or obstructing another pentathlete to impede his progress	5.6.3 i)	Disqualification Elimination of the team
Using oil or grease	5.6.3 ii)	
Refusing to wear conforming swimwear	5.6.3 iii, 5.7	

DISTANCES AND POINTS TABLE

Appendix 5B1

(Note: for explanation and application, please refer to Article 5.6)

Age	Individual	Relay	250 pts	Each 0.50sec
Senior, Junior Under 19, Under 17	200 m	2 x 100m	2:30.00	+/- 1 point
Under 15, Under 13	100 m	2 x 50 m	1:20.00	+/- 1 point
Under 11, Under 9	50 m	2 x 25 m	0:45.00	+/- 1 point

POINTS TABLE
SWIMMING: 200m and 2 x 100m
Appendix 5B2

Men and Women Individual: Seniors, Juniors, Under 19 & 17
Relay: Seniors, Juniors, Under 19 & 17

time	pts														
1.39.00	352	2.01.50	307	2.24.00	262	2.46.50	217	3.09.00	172	3.31.50	127	3.54.00	82	4.16.50	37
1.39.50	351	2.02.00	306	2.24.50	261	2.47.00	216	3.09.50	171	3.32.00	126	3.54.50	81	4.17.00	36
<u>1.40.00</u>	350	2.02.50	305	<u>2.25.00</u>	260	2.47.50	215	<u>3.10.00</u>	170	3.32.50	125	<u>3.55.00</u>	80	4.17.50	35
1.40.50	349	2.03.00	304	2.25.50	259	2.48.00	214	3.10.50	169	3.33.00	124	3.55.50	79	4.18.00	34
1.41.00	348	2.03.50	303	2.26.00	258	2.48.50	213	3.11.00	168	3.33.50	123	3.56.00	78	4.18.50	33
1.41.50	347	2.04.00	302	2.26.50	257	2.49.00	212	3.11.50	167	3.34.00	122	3.56.50	77	4.19.00	32
1.42.00	346	2.04.50	301	2.27.00	256	2.49.50	211	3.12.00	166	3.34.50	121	3.57.00	76	4.19.50	31
1.42.50	345	<u>2.05.00</u>	300	2.27.50	255	<u>2.50.00</u>	210	3.12.50	165	<u>3.35.00</u>	120	3.57.50	75	<u>4.20.00</u>	30
1.43.00	344	2.05.50	299	2.28.00	254	2.50.50	209	3.13.00	164	3.35.50	119	3.58.00	74	4.20.50	29
1.43.50	343	2.06.00	298	2.28.50	253	2.51.00	208	3.13.50	163	3.36.00	118	3.58.50	73	4.21.00	28
1.44.00	342	2.06.50	297	2.29.00	252	2.51.50	207	3.14.00	162	3.36.50	117	3.59.00	72	4.21.50	27
1.44.50	341	2.07.00	296	2.29.50	251	2.52.00	206	3.14.50	161	3.37.00	116	3.59.50	71	4.22.00	26
<u>1.45.00</u>	340	2.07.50	295	<u>2.30.00</u>	250	2.52.50	205	<u>3.15.00</u>	160	3.37.50	115	<u>4.00.00</u>	70	4.22.50	25
1.45.50	339	2.08.00	294	2.30.50	249	2.53.00	204	3.15.50	159	3.38.00	114	4.00.50	69	4.23.00	24
1.46.00	338	2.08.50	293	2.31.00	248	2.53.50	203	3.16.00	158	3.38.50	113	4.01.00	68	4.23.50	23
1.46.50	337	2.09.00	292	2.31.50	247	2.54.00	202	3.16.50	157	3.39.00	112	4.01.50	67	4.24.00	22
1.47.00	336	2.09.50	291	2.32.00	246	2.54.50	201	3.17.00	156	3.39.50	111	4.02.00	66	4.24.50	21
1.47.50	335	<u>2.10.00</u>	290	2.32.50	245	<u>2.55.00</u>	200	3.17.50	155	<u>3.40.00</u>	110	4.02.50	65	<u>4.25.00</u>	20
1.48.00	334	2.10.50	289	2.33.00	244	2.55.50	199	3.18.00	154	3.40.50	109	4.03.00	64	4.25.50	19
1.48.50	333	2.11.00	288	2.33.50	243	2.56.00	198	3.18.50	153	3.41.00	108	4.03.50	63	4.26.00	18
1.49.00	332	2.11.50	287	2.34.00	242	2.56.50	197	3.19.00	152	3.41.50	107	4.04.00	62	4.26.50	17
1.49.50	331	2.12.00	286	2.34.50	241	2.57.00	196	3.19.50	151	3.42.00	106	4.04.50	61	4.27.00	16
<u>1.50.00</u>	330	2.12.50	285	<u>2.35.00</u>	240	2.57.50	195	<u>3.20.00</u>	150	3.42.50	105	<u>4.05.00</u>	60	4.27.50	15
1.50.50	329	2.13.00	284	2.35.50	239	2.58.00	194	3.20.50	149	3.43.00	104	4.05.50	59	4.28.00	14
1.51.00	328	2.13.50	283	2.36.00	238	2.58.50	193	3.21.00	148	3.43.50	103	4.06.00	58	4.28.50	13
1.51.50	327	2.14.00	282	2.36.50	237	2.59.00	192	3.21.50	147	3.44.00	102	4.06.50	57	4.29.00	12
1.52.00	326	2.14.50	281	2.37.00	236	2.59.50	191	3.22.00	146	3.44.50	101	4.07.00	56	4.29.50	11
1.52.50	325	<u>2.15.00</u>	280	2.37.50	235	<u>3.00.00</u>	190	3.22.50	145	<u>3.45.00</u>	100	4.07.50	55	<u>4.30.00</u>	10
1.53.00	324	2.15.50	279	2.38.00	234	3.00.50	189	3.23.00	144	3.45.50	99	4.08.00	54	4.30.50	9
1.53.50	323	2.16.00	278	2.38.50	233	3.01.00	188	3.23.50	143	3.46.00	98	4.08.50	53	4.31.00	8
1.54.00	322	2.16.50	277	2.39.00	232	3.01.50	187	3.24.00	142	3.46.50	97	4.09.00	52	4.31.50	7
1.54.50	321	2.17.00	276	2.39.50	231	3.02.00	186	3.24.50	141	3.47.00	96	4.09.50	51	4.32.00	6
<u>1.55.00</u>	320	2.17.50	275	<u>2.40.00</u>	230	3.02.50	185	<u>3.25.00</u>	140	3.47.50	95	<u>4.10.00</u>	50	4.32.50	5
1.55.50	319	2.18.00	274	2.40.50	229	3.03.00	184	3.25.50	139	3.48.00	94	4.10.50	49	4.33.00	4
1.56.00	318	2.18.50	273	2.41.00	228	3.03.50	183	3.26.00	138	3.48.50	93	4.11.00	48	4.33.50	3
1.56.50	317	2.19.00	272	2.41.50	227	3.04.00	182	3.26.50	137	3.49.00	92	4.11.50	47	4.34.00	2
1.57.00	316	2.19.50	271	2.42.00	226	3.04.50	181	3.27.00	136	3.49.50	91	4.12.00	46	4.34.50	1
1.57.50	315	<u>2.20.00</u>	270	2.42.50	225	<u>3.05.00</u>	180	3.27.50	135	<u>3.50.00</u>	90	4.12.50	45	<u>4.35.00</u>	0
1.58.00	314	2.20.50	269	2.43.00	224	3.05.50	179	3.28.00	134	3.50.50	89	4.13.00	44		
1.58.50	313	2.21.00	268	2.43.50	223	3.06.00	178	3.28.50	133	3.51.00	88	4.13.50	43		
1.59.00	312	2.21.50	267	2.44.00	222	3.06.50	177	3.29.00	132	3.51.50	87	4.14.00	42		
1.59.50	311	2.22.00	266	2.44.50	221	3.07.00	176	3.29.50	131	3.52.00	86	4.14.50	41		
<u>2.00.00</u>	310	2.22.50	265	<u>2.45.00</u>	220	3.07.50	175	<u>3.30.00</u>	130	3.52.50	85	<u>4.15.00</u>	40		
2.00.50	309	2.23.00	264	2.45.50	219	3.08.00	174	3.30.50	129	3.53.00	84	4.15.50	39		
2.01.00	308	2.23.50	263	2.46.00	218	3.08.50	173	3.31.00	128	3.53.50	83	4.16.00	38		



POINTS TABLE
SWIMMING: 100m and 2 x 50m
Appendix 5B3

Individual Boys and Girls Under 15 & 13
Relay Under 15 & 13

time	pts														
0.46.00	318	1.08.50	273	1.31.00	228	1.53.50	183	2.16.00	138	2.38.50	93	3.01.00	48	3.23.50	3
0.46.50	317	1.09.00	272	1.31.50	227	1.54.00	182	2.16.50	137	2.39.00	92	3.01.50	47	3.24.00	2
0.47.00	316	1.09.50	271	1.32.00	226	1.54.50	181	2.17.00	136	2.39.50	91	3.02.00	46	3.24.50	1
0.47.50	315	<u>1.10.00</u>	270	1.32.50	225	<u>1.55.00</u>	180	2.17.50	135	2.40.00	90	3.02.50	45	<u>3.25.00</u>	0
0.48.00	314	1.10.50	269	1.33.00	224	1.55.50	179	2.18.00	134	2.40.50	89	3.03.00	44		
0.48.50	313	1.11.00	268	1.33.50	223	1.56.00	178	2.18.50	133	2.41.00	88	3.03.50	43		
0.49.00	312	1.11.50	267	1.34.00	222	1.56.50	177	2.19.00	132	2.41.50	87	3.04.00	42		
0.49.50	311	1.12.00	266	1.34.50	221	1.57.00	176	2.19.50	131	2.42.00	86	3.04.50	41		
<u>0.50.00</u>	310	1.12.50	265	<u>1.35.00</u>	220	1.57.50	175	<u>2.20.00</u>	130	2.42.50	85	<u>3.05.00</u>	40		
0.50.50	309	1.13.00	264	1.35.50	219	1.58.00	174	2.20.50	129	2.43.00	84	3.05.50	39		
0.51.00	308	1.13.50	263	1.36.00	218	1.58.50	173	2.21.00	128	2.43.50	83	3.06.00	38		
0.51.50	307	1.14.00	262	1.36.50	217	1.59.00	172	2.21.50	127	2.44.00	82	3.06.50	37		
0.52.00	306	1.14.50	261	1.37.00	216	1.59.50	171	2.22.00	126	2.44.50	81	3.07.00	36		
0.52.50	305	<u>1.15.00</u>	260	1.37.50	215	<u>2.00.00</u>	170	2.22.50	125	<u>2.45.00</u>	80	3.07.50	35		
0.53.00	304	1.15.50	259	1.38.00	214	2.00.50	169	2.23.00	124	2.45.50	79	3.08.00	34		
0.53.50	303	1.16.00	258	1.38.50	213	2.01.00	168	2.23.50	123	2.46.00	78	3.08.50	33		
0.54.00	302	1.16.50	257	1.39.00	212	2.01.50	167	2.24.00	122	2.46.50	77	3.09.00	32		
0.54.50	301	1.17.00	256	1.39.50	211	2.02.00	166	2.24.50	121	2.47.00	76	3.09.50	31		
<u>0.55.00</u>	300	1.17.50	255	<u>1.40.00</u>	210	2.02.50	165	<u>2.25.00</u>	120	2.47.50	75	<u>3.10.00</u>	30		
0.55.50	299	1.18.00	254	1.40.50	209	2.03.00	164	2.25.50	119	2.48.00	74	3.10.50	29		
0.56.00	298	1.18.50	253	1.41.00	208	2.03.50	163	2.26.00	118	2.48.50	73	3.11.00	28		
0.56.50	297	1.19.00	252	1.41.50	207	2.04.00	162	2.26.50	117	2.49.00	72	3.11.50	27		
0.57.00	296	1.19.50	251	1.42.00	206	2.04.50	161	2.27.00	116	2.49.50	71	3.12.00	26		
0.57.50	295	<u>1.20.00</u>	250	1.42.50	205	<u>2.05.00</u>	160	2.27.50	115	<u>2.50.00</u>	70	3.12.50	25		
0.58.00	294	1.20.50	249	1.43.00	204	2.05.50	159	2.28.00	114	2.50.50	69	3.13.00	24		
0.58.50	293	1.21.00	248	1.43.50	203	2.06.00	158	2.28.50	113	2.51.00	68	3.13.50	23		
0.59.00	292	1.21.50	247	1.44.00	202	2.06.50	157	2.29.00	112	2.51.50	67	3.14.00	22		
0.59.50	291	1.22.00	246	1.44.50	201	2.07.00	156	2.29.50	111	2.52.00	66	3.14.50	21		
<u>1.00.00</u>	290	1.22.50	245	<u>1.45.00</u>	200	2.07.50	155	<u>2.30.00</u>	110	2.52.50	65	<u>3.15.00</u>	20		
1.00.50	289	1.23.00	244	1.45.50	199	2.08.00	154	2.30.50	109	2.53.00	64	3.15.50	19		
1.01.00	288	1.23.50	243	1.46.00	198	2.08.50	153	2.31.00	108	2.53.50	63	3.16.00	18		
1.01.50	287	1.24.00	242	1.46.50	197	2.09.00	152	2.31.50	107	2.54.00	62	3.16.50	17		
1.02.00	286	1.24.50	241	1.47.00	196	2.09.50	151	2.32.00	106	2.54.50	61	3.17.00	16		
1.02.50	285	<u>1.25.00</u>	240	1.47.50	195	<u>2.10.00</u>	150	2.32.50	105	<u>2.55.00</u>	60	3.17.50	15		
1.03.00	284	1.25.50	239	1.48.00	194	2.10.50	149	2.33.00	104	2.55.50	59	3.18.00	14		
1.03.50	283	1.26.00	238	1.48.50	193	2.11.00	148	2.33.50	103	2.56.00	58	3.18.50	13		
1.04.00	282	1.26.50	237	1.49.00	192	2.11.50	147	2.34.00	102	2.56.50	57	3.19.00	12		
1.04.50	281	1.27.00	236	1.49.50	191	2.12.00	146	2.34.50	101	2.57.00	56	3.19.50	11		
<u>1.05.00</u>	280	1.27.50	235	<u>1.50.00</u>	190	2.12.50	145	<u>2.35.00</u>	100	2.57.50	55	<u>3.20.00</u>	10		
1.05.50	279	1.28.00	234	1.50.50	189	2.13.00	144	2.35.50	99	2.58.00	54	3.20.50	9		
1.06.00	278	1.28.50	233	1.51.00	188	2.13.50	143	2.36.00	98	2.58.50	53	3.21.00	8		
1.06.50	277	1.29.00	232	1.51.50	187	2.14.00	142	2.36.50	97	2.59.00	52	3.21.50	7		
1.07.00	276	1.29.50	231	1.52.00	186	2.14.50	141	2.37.00	96	2.59.50	51	3.22.00	6		
1.07.50	275	<u>1.30.00</u>	230	1.52.50	185	<u>2.15.00</u>	140	2.37.50	95	<u>3.00.00</u>	50	3.22.50	5		
1.08.00	274	1.30.50	229	1.53.00	184	2.15.50	139	2.38.00	94	3.00.50	49	3.23.00	4		

POINTS TABLE
SWIMMING: 50m and 2 x 25m
Appendix 5B4

Individual, Boys and Girls Under 11 & 9
Relay Under 11 & 9

time	pts												
0.22.50	295	<u>0.45.00</u>	250	1.07.50	205	<u>1.30.00</u>	160	1.52.50	115	<u>2.15.00</u>	70	2.37.50	25
0.23.00	294	0.45.50	249	1.08.00	204	1.30.50	159	1.53.00	114	2.15.50	69	2.38.00	24
0.23.50	293	0.46.00	248	1.08.50	203	1.31.00	158	1.53.50	113	2.16.00	68	2.38.50	23
0.24.00	292	0.46.50	247	1.09.00	202	1.31.50	157	1.54.00	112	2.16.50	67	2.39.00	22
0.24.50	291	0.47.00	246	1.09.50	201	1.32.00	156	1.54.50	111	2.17.00	66	2.39.50	21
<u>0.25.00</u>	290	0.47.50	245	<u>1.10.00</u>	200	1.32.50	155	<u>1.55.00</u>	110	2.17.50	65	<u>2.40.00</u>	20
0.25.50	289	0.48.00	244	1.10.50	199	1.33.00	154	1.55.50	109	2.18.00	64	2.40.50	19
0.26.00	288	0.48.50	243	1.11.00	198	1.33.50	153	1.56.00	108	2.18.50	63	2.41.00	18
0.26.50	287	0.49.00	242	1.11.50	197	1.34.00	152	1.56.50	107	2.19.00	62	2.41.50	17
0.27.00	286	0.49.50	241	1.12.00	196	1.34.50	151	1.57.00	106	2.19.50	61	2.42.00	16
0.27.50	285	<u>0.50.00</u>	240	1.12.50	195	<u>1.35.00</u>	150	1.57.50	105	<u>2.20.00</u>	60	2.42.50	15
0.28.00	284	0.50.50	239	1.13.00	194	1.35.50	149	1.58.00	104	2.20.50	59	2.43.00	14
0.28.50	283	0.51.00	238	1.13.50	193	1.36.00	148	1.58.50	103	2.21.00	58	2.43.50	13
0.29.00	282	0.51.50	237	1.14.00	192	1.36.50	147	1.59.00	102	2.21.50	57	2.44.00	12
0.29.50	281	0.52.00	236	1.14.50	191	1.37.00	146	1.59.50	101	2.22.00	56	2.44.50	11
<u>0.30.00</u>	280	0.52.50	235	<u>1.15.00</u>	190	1.37.50	145	<u>2.00.00</u>	100	2.22.50	55	<u>2.45.00</u>	10
0.30.50	279	0.53.00	234	1.15.50	189	1.38.00	144	2.00.50	99	2.23.00	54	2.45.50	9
0.31.00	278	0.53.50	233	1.16.00	188	1.38.50	143	2.01.00	98	2.23.50	53	2.46.00	8
0.31.50	277	0.54.00	232	1.16.50	187	1.39.00	142	2.01.50	97	2.24.00	52	2.46.50	7
0.32.00	276	0.54.50	231	1.17.00	186	1.39.50	141	2.02.00	96	2.24.50	51	2.47.00	6
0.32.50	275	<u>0.55.00</u>	230	1.17.50	185	<u>1.40.00</u>	140	2.02.50	95	<u>2.25.00</u>	50	2.47.50	5
0.33.00	274	0.55.50	229	1.18.00	184	1.40.50	139	2.03.00	94	2.25.50	49	2.48.00	4
0.33.50	273	0.56.00	228	1.18.50	183	1.41.00	138	2.03.50	93	2.26.00	48	2.48.50	3
0.34.00	272	0.56.50	227	1.19.00	182	1.41.50	137	2.04.00	92	2.26.50	47	2.49.00	2
0.34.50	271	0.57.00	226	1.19.50	181	1.42.00	136	2.04.50	91	2.27.00	46	2.49.50	1
<u>0.35.00</u>	270	0.57.50	225	<u>1.20.00</u>	180	1.42.50	135	<u>2.05.00</u>	90	2.27.50	45	<u>2.50.00</u>	0
0.35.50	269	0.58.00	224	1.20.50	179	1.43.00	134	2.05.50	89	2.28.00	44		
0.36.00	268	0.58.50	223	1.21.00	178	1.43.50	133	2.06.00	88	2.28.50	43		
0.36.50	267	0.59.00	222	1.21.50	177	1.44.00	132	2.06.50	87	2.29.00	42		
0.37.00	266	0.59.50	221	1.22.00	176	1.44.50	131	2.07.00	86	2.29.50	41		
0.37.50	265	<u>1.00.00</u>	220	1.22.50	175	<u>1.45.00</u>	130	2.07.50	85	<u>2.30.00</u>	40		
0.38.00	264	1.00.50	219	1.23.00	174	1.45.50	129	2.08.00	84	2.30.50	39		
0.38.50	263	1.01.00	218	1.23.50	173	1.46.00	128	2.08.50	83	2.31.00	38		
0.39.00	262	1.01.50	217	1.24.00	172	1.46.50	127	2.09.00	82	2.31.50	37		
0.39.50	261	1.02.00	216	1.24.50	171	1.47.00	126	2.09.50	81	2.32.00	36		
<u>0.40.00</u>	260	1.02.50	215	<u>1.25.00</u>	170	1.47.50	125	<u>2.10.00</u>	80	2.32.50	35		
0.40.50	259	1.03.00	214	1.25.50	169	1.48.00	124	2.10.50	79	2.33.00	34		
0.41.00	258	1.03.50	213	1.26.00	168	1.48.50	123	2.11.00	78	2.33.50	33		
0.41.50	257	1.04.00	212	1.26.50	167	1.49.00	122	2.11.50	77	2.34.00	32		
0.42.00	256	1.04.50	211	1.27.00	166	1.49.50	121	2.12.00	76	2.34.50	31		
0.42.50	255	<u>1.05.00</u>	210	1.27.50	165	<u>1.50.00</u>	120	2.12.50	75	<u>2.35.00</u>	30		
0.43.00	254	1.05.50	209	1.28.00	164	1.50.50	119	2.13.00	74	2.35.50	29		
0.43.50	253	1.06.00	208	1.28.50	163	1.51.00	118	2.13.50	73	2.36.00	28		
0.44.00	252	1.06.50	207	1.29.00	162	1.51.50	117	2.14.00	72	2.36.50	27		
0.44.50	251	1.07.00	206	1.29.50	161	1.52.00	116	2.14.50	71	2.37.00	26		