



Invitation

2019 Nordic Open Championships Modern Pentathlon

Bornholm – Denmark

20-22 September 2019

Date: 19-08-2019

Dear Friends,

Modern Pentathlon Denmark hereby invites you to participate in the 2019 Nordic Open Championships to be held at the Danish Baltic island Bornholm.

As always, we try to make this a special experience for all participants and accompanying persons. Families and friends are very welcome.

Programme:

Friday 20 SEP

Arrival of Delegations
21:00 Technical Meeting

Saturday 21 SEP

06:30 Departure for swimming
07:30 – 08:30 Swimming
09:30 – 12:00 Fencing
12:00 – 13:00 Lunch
13:00 – 15:00 Riding
16:30 – 17:30 Combined Event /LaserRun (followed by prize ceremony)
19:00 Dinner in Svaneke

Sunday 22 SEP

08:00-09:00 Warming up Nordic Open Championships LaserRun
09:00 First start LaserRun
From 12:00 Lunch and departure
Afternoon: Potentially sightseeing and sea-bathing



MODERNE FEMKAMP DANMARK

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NDEADKKK



Nordic Open Championships
20-21 September 2019, Bornholm - Denmark
Entry Form "C" (final)

Return no later than 31 August 2019

No.	Last name	First name	Function	Arrival date	Arrival time	Flight no./ transport	Depart. date	Depart. time	Flight no./ transport	Room type (2,4,6 p)	Room partner*	UIPM License	LaserRun 22 Sept ?
												W045678	

*) To choose room partner, indicate the other persons' numbers from leftmost column (your own numbering).

Signature: Name printed Date:

Return by e-mail to belmann3@gmail.com. Contact phone: +45 3074 4599.

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COMPETITION CLASSES

- Junior, Senior: Pentathlon
- U19 and Masters: Quadrathlon (fencing one group U17 to Masters)
- U17: Quadrathlon (fencing one group U17 to Masters)
- U15 and younger: Swimming and LaserRun
- LaserRun Nordic Sunday 22.9 from 08:00

FINANCIAL CONDITIONS

Participation fee will be € 130 per person total, full board from Friday evening dinner till Sunday including breakfast. All participants will be accommodated at Danhostel Svaneke. Two to four person rooms correspond to the price above. Single rooms have an extra charge of € 20 per night.

Closing dinner at restaurant Pakhuset on Saturday night after prizegiving. Price: € 20 pp.

See payment details at bottom of registration form.

ENTRY FORM

We would appreciate early confirmation of your participation and submit this as Entry Form as follows:

Form C 31 August 2019

ATHLETES' LICENSES

Pentathletes without UIPM riding permission will compete in Nordic Open Championships in 4 disciplines apart from riding. Junior and Senior athletes wanting to participate in 4 disciplines, without riding, are very welcome to take part.

The warm-up area manager will have the authority to declare a rider unfit for the riding course during warming up, should it become evident that the rider is not in possession of proper riding skills.

RULES

Where nothing else is mentioned, the UIPM competition rules are governing.

SWIMMING

Swimming in 25 m indoor pool, 6 lanes.

TRAINING

The LaserRun competition venue is located near Danhostel Svaneke with grass surface and terrain in the immediate vicinity. Good running terrain and swimming options in the sea are found in immediate vicinity of the accommodation.

EQUIPMENT CONTROL

The equipment control for fencing, riding and shooting will take place at the venues. Fencing

equipment requirement: Garment 800N, Masks 1600 N.

PISTOLS

No air supplies will be provided on-site. Pistols using air pressure will have to be self-sufficient. CO₂ gas-driven pistols cannot legally be taken into Denmark without a valid permit. Laser pistols and pistols with a laser container not using gas pressure can be transported freely. In case of air travel via Copenhagen, make sure to have at least 1.5 hour buffer time, between flights, in case problems at check in.

TRAVELLING TO BORNHOLM

By plane: The following airlines offers check-in luggage all the way to Bornholm airport: SAS, Finnair, Emirates and Air Greenland. The airline flying from CPH to Bornholm is dat.dk. In Copenhagen Airport you are entitled to choose the fast-track (domestic) line through security check, when you have a ticket to Bornholm (significantly faster).

By ferry: When travelling by bus/car you can take the ferry from Ystad in Sweden, or Sassnitz in Germany. Booking: bornholmslinjen.dk

ACCOMODATION

All participants will be accommodated at Danhostel Svaneke.

TRANSPORTATION PLAN

Transportation from the airport to the accommodation (30 km distance) will be arranged upon request and clear indication of arrival times not later than 10 days prior to the competition. Transportation to and from the competition venues will be arranged after necessity. Please indicate with the registration if you are self-transporting.

INSURANCE

According to UIPM rules, all members of attending delegations should insure themselves against accidental illness or injury. The organizer does not accept responsibility, financial or other, for any loss, injury or illness of any member of the delegations.

Signed:

Benny Elmann-Larsen

President

Modern Pentathlon Denmark